



# **WASHINGTON STATE**

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES  
DIVISION OF BEHAVIORAL HEALTH AND RECOVERY SERVICES  
(DBHR)**

**MENTAL HEALTH PLANNING AND ADVISORY COUNCIL  
(MHPAC)**



# **HISTORY AND PURPOSE OF PLANNING COUNCILS**

The Mental Health Planning & Advisory Council is the citizen advisory council mandated by Washington and Federal law to review Mental Health Division policies, plans, and budgets and to make recommendations and assure a strong link between government decisions and consumer needs and concerns.



# **HISTORY AND PURPOSE OF PLANNING COUNCILS**

Mental health planning and advisory councils (PACs) exist in every state and U.S. territory due to the passage of federal law 99-660 in 1986, continuing through Public Law 101-639 and Public Law 102-321 in 1992.



# **HISTORY AND PURPOSE OF PLANNING COUNCILS**

- ❖ These federal laws require states and territories to perform mental health planning in order to receive federal Community Mental Health Services Block Grant funds.
- ❖ These laws further require that stakeholders, including mental health consumers, their family members, and parents of children with serious emotional or behavioral disturbances must be involved in these planning efforts through membership in the Council.

# Mental Health Block Grant Plan

- ❖ States are required to submit yearly applications to receive federal block grant funds.
- ❖ This application is known as the Block Grant Plan. The Mental Health Block Grant program is administered by the Center for Mental Health Services (CMHS), which is an agency of the Substance Abuse and Mental Health Services Administration (SAMHSA).



# Public Law 102-321

The objective of Public Law 102-321 and block grant planning, in general, is to support the State creation and expansion of comprehensive, community-based systems of care for adults with serious mental illness and children with serious emotional disturbance.

# Block Grant Awards

- ❖ The block grant is a formula grant awarded to states based upon an allotment calculated for each fiscal year by a legislated formula.
- ❖ Awards are made in response to the State application and to the implementation reports submitted by the State for the previous fiscal year.



# **Washington State Application**

The Washington State application is developed with input from the Washington State Mental Health & Advisory Council (MHPAC ). The application must address the need for services among special populations, such as individuals who are homeless and those living in rural areas.



# MH Block Grant: Goal

- ❖ The goal of the Mental Health Block Grant program is to help individuals with serious mental illnesses lead independent and productive lives.
- ❖ The block grant program has served as an impetus in promoting and encouraging states to reduce the number of people receiving care in state psychiatric hospitals, and to develop community-based systems of care.



# **Strategic Plan Participation**

**In addition to participating in the Mental Health Block Grant application and review process, the Washington State Mental Health Planning & Advisory Council participates in the development and implementation of the Strategic Plan of the Mental Health Division.**



# Advisory on Projects

On occasion, the MHPAC has participated in additional projects in a development and advisory role as requested by the Director of the Mental Health Division. One such project is the *Partnerships for Recovery and Resiliency* Transformation Grant.

# **MHD + DASA = DBHR**

- ❖ In mid 2009, the former Mental Health Division (MHD) merged with the former DSHS Division of Alcohol and Substance Abuse (DASA).
- ❖ The new division was named Division of Behavioral Health and Recovery (DBHR) and operated with the DSHS Health and Recovery Services Administration (HRSA).


# HRSA + HCA = MPA

- ❖ In the spring of 2010 HRSA merged with the state Health Care Authority (HCA), which formed the Medicaid Purchasing Administration (MPA).
- ❖ In the process, DBHR was transferred to Aging and Disability Services Administration (ADSA).



# **Council Structure and Subcommittees:**

**As a result of Planning Council trainings and attendance to national conferences, the Planning Council has reorganized its structure to establish the following Standing Subcommittees to carry-out its mission and to meet its goals.**



# **Inclusion of Substance Abuse Citizens Advisory Committee (CAC)**

**In 2010 the Council included the  
Substance Abuse Citizens Advisory  
Committee (CAC) as a subcommittee  
at the request of DBHR.**

**The Council's standing subcommittees:**

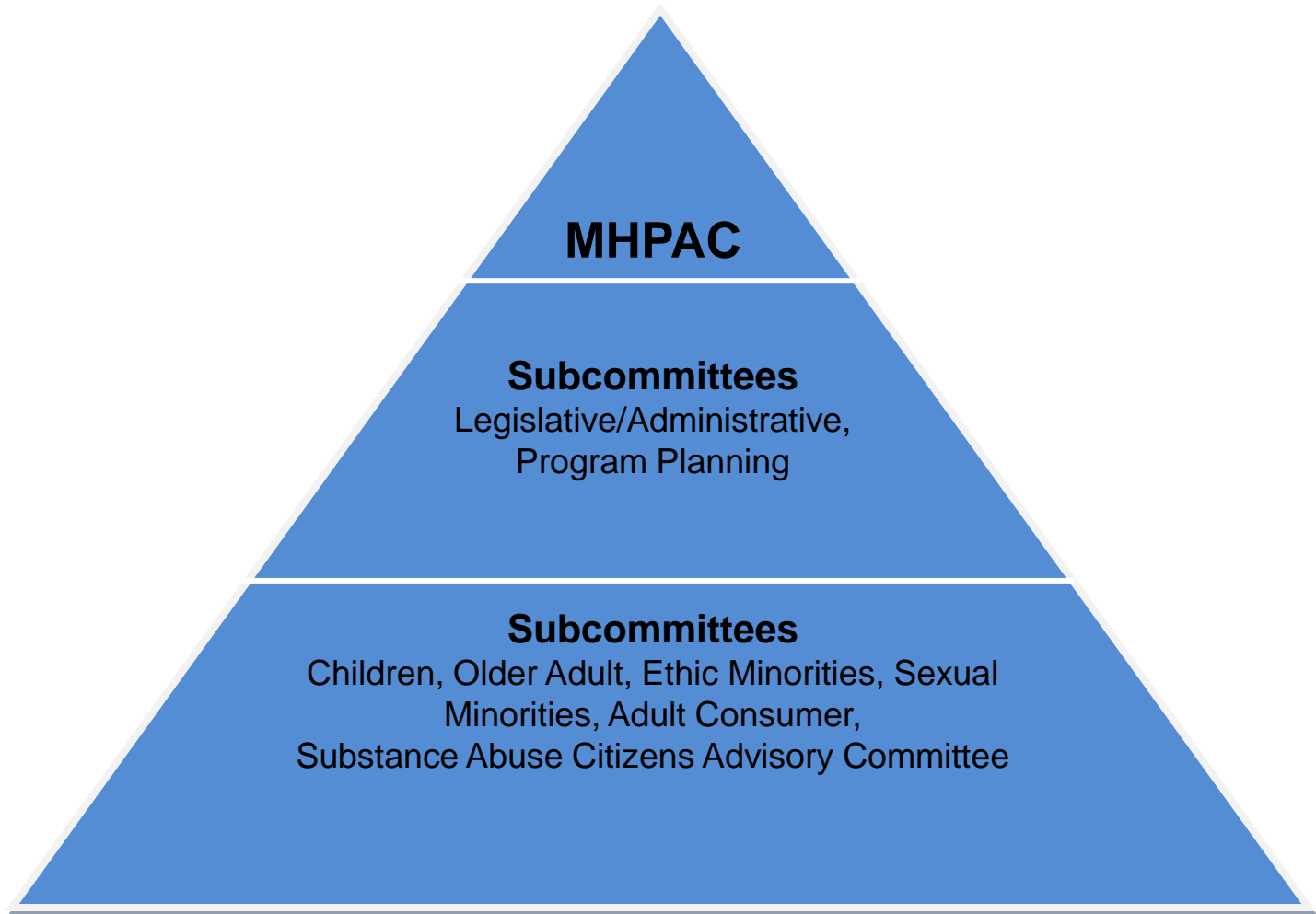


# Council Subcommittees:

- Legislative/Administrative Subcommittee
- Program/Planning Subcommittee
- Children's Treatment and Services Subcommittee
- Older Adult Treatment and Services Subcommittee
- Ethnic Multicultural Advisory Committee
- Sexual Minority Treatment and Services Subcommittee
- Adult Consumer Subcommittee
- Substance Abuse Citizens Advisory Subcommittee



# MHPAC & COMMITTEES STRUCTURE





# **MHPAC + CAC = BHAC**

**March 1, 2012—I<sup>st</sup> Meeting:  
Behavioral Health Advisory Council,  
BHAC**